



MER Life Design

## MARIE ELENA RIGO

### Biography

**Marie Elena Rigo**, M.A. is a speaker, consultant and coach based in based in Los Angeles, CA. She is the president of MER Life Design, a full-service firm that offers personal/professional coaching, residential and commercial Feng Shui/interior design and customized workshops/seminars. By combining her coaching expertise and spatial awareness skills, she creates balance and harmony in homes, offices, and lives.

Marie Elena teaches classes for the Learning Annex and major corporations including Amtrak, The Disney Store, Pratt & Whitney Rocketdyne and Proctor & Gamble. She has been a featured presenter at the Mind, Body & Beyond and the Conscious Life Expos in LA, as well as the Agape International Spiritual Center and the Gilda's Club Worldwide Annual Affiliates Conference. Marie Elena's media credits include The Fine Living Network, World Talk Radio, *Redbook Magazine* and *Yogi Times*, just to name a few. She has filmed more than a dozen broadcast spots since 2004 including two TV pilots – one for A&E and the other for HGTV. Her inspirational story of changing her life and career has been and continues to be featured nationally on the Fine Living Network's Radical Sabbatical since early 2005.

Marie Elena brings more than fifteen years of professional experience in teaching, marketing and communications to her work as a consultant and coach. Her business acumen along with her graduate training in psychology equips her with a unique ability to teach tangible skills/strategies for personal & professional growth, development and success. A dynamic speaker, instructor and entrepreneur, she offers a distinctive approach that is nurturing, practical and effective.

Marie Elena holds a master's degree in Spiritual Psychology and resides in Santa Monica, CA. For more information, call 1-888-828-5888 or visit [www.MERLifeDesign.com](http://www.MERLifeDesign.com).

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